

DRESS CODE

Sacred Heart Catholic's school uniform for students in grades K-8 is in place to promote a sense of pride in our Catholic school identity and support a focus on academics.

The enforcement of the dress code is a joint responsibility of students, parents, teachers, and administration. Parents must see that children leave the home properly attired, teachers and administrators must enforce the uniform code and the out of uniform and spirit wear policies.

Grades K - 8 wear the uniform described below. Shorts and jumpers/skirts must be no shorter than 2" above the knees. The uniform is to be worn properly, appropriately, and modestly.

Boys in grades K – 8 are required to wear all of the following:

- **Pants:** Uniform navy blue pants (K-8); Uniform khaki pants (6-8 only)
- **Belts:** Plain navy, brown, or black (no glitter or sparkles) must be worn with the uniform pants or shorts
- **Shirts:** Sacred Heart Catholic Polo Shirt with school logo (red, light blue, or navy blue – short or long sleeved)
- **Socks:** Crew socks or knee socks (solid white, solid black, or solid navy) must be worn at all times.
- **Shoes:** Tennis/gym shoes of any color may be worn. They must have enclosed toes and heels and be tied or fastened securely on the feet at all times. Students may wear boots when it snows, but must bring a change of shoes to wear inside the school building. On out-of-uniform days, students may wear other shoes, but they must have a closed toe and heel (no sandals or flip-flops).
- **OPTIONAL:** Navy blue cardigan sweater, navy blue sweatshirt with Sacred Heart School logo, or Sacred Heart Catholic fleece, red or navy blue.

Girls in grades K – 8 are required to wear all of the following:

- **Pants:** Uniform navy blue pants (K-8); Uniform khaki pants (6-8 only)
- **Belts:** Plain navy, brown, or black (no glitter or sparkles) must be worn with the uniform pants or shorts
- **Skirts:** Sacred Heart's uniform plaid jumpers/skirts no more than 2" above the knees. Girls should wear some form of shorts under their jumpers/skirts that do not hang below the jumper/skirt.
- **Shirts:** Sacred Heart Catholic Polo Shirt with school logo (red, light blue, or navy blue – short or long sleeved)
- **Socks:** Crew socks or knee socks (solid white, solid black, or solid navy) must be worn at all times. Girls may wear ankle length leggings (solid black, white, or navy) under their uniform skirts/jumpers during the winter months with their crew or knee socks.
- **Shoes:** Tennis/gym shoes of any color may be worn. They must have enclosed toes and heels and be tied or fastened securely on the feet at all times. Students may wear boots when it snows, but must bring a change of shoes to wear inside the school building. On out-of-uniform days, students may wear other shoes, but they must have a closed toe and heel (no sandals or flip-flops).
- **OPTIONAL:** Navy blue cardigan sweater, navy blue sweatshirt with Sacred Heart School logo, or Sacred Heart Catholic fleece, red or navy blue

GENERAL APPEARANCE GUIDELINES

- **Shorts and skirts:** Must follow guidelines of modesty and not be more than 2 inches above the knee when kneeling. The measurement is taken when child kneels and the hem is measured from the floor.
- **Clothing:** Free of designer monograms, insignias, symbols.
- **Jewelry:** One earring in each ear, no large hoops, dangling, or distracting jewelry is allowed. Boys may not wear earrings. Modest Jewelry such as a watch, ring, bracelet, necklace may be worn. The items above must be small, and inconspicuous. No body piercings are allowed.
- **Makeup:** Students are not allowed to wear make-up. Girls may wear clear nail polish. Colored nail polish or false nails are not permitted.
- **Tattoos:** – Tattoos are not permitted.

- **Boys' Hair:** Must be off the collar and out of the face. Patterns, cut-in design, color streaks or colors are not permitted. Facial hair is not permitted. Hair must be neat, clean, groomed in style suitable for school.
- **Girls' Hair:** May not be colored, streaked, highlighted or frosted. Extra hair accessories should not be large or distracting. Girls hair should be out of the face.
- **Outerwear:** Sunglasses, hats, jackets, coats or other outerwear is not permitted in the classroom other than the outlined above in sweaters/sweatshirts.

SEASONAL UNIFORM POLICY

- **Shorts:** Uniform Nave blue (k-8) and uniform Khaki (6-8 only) (walking length – no more than two inches above the kneecap and not hanging below the knee) may be worn from the first day of school through Fall Break and after Spring Break through the last day of school.
- **Leggings:** Girls may wear ankle length leggings (solid black, solid white, or solid navy) under their uniform skirts/jumpers during the winter months with their crew or knee socks.
- **Boots:** Students may wear boots when it snows, but must bring a change of shoes to wear inside the school building. On out-of-uniform days, students may wear other shoes, but they must have a closed toe and heel (no sandals or flip-flops).

SPIRIT DAY/FAITH IN ACTION DAY

One day each month will be dedicated to a Spirit/Faith in Action Focus Day, as a way to display pride in our school and build our community.

- Students may wear Sacred Heart Catholic spirit shirts with jeans or uniform pants.
- Deanery team shirts may not be worn on spirit days as those shirts are only given to the players on the team.
- Jeans must be clean without holes or tears and without design. Jeggins are not permitted.
- These days will be announced on the general school calendar.

OUT of UNIFORM DAYS

Occasionally, students may earn an Out of Uniform Day. Clothes must always be modest and appropriate for Sacred Heart Catholic.

- Tops must cover the whole top part of the body and extend adequately below the waist.
- Tank or tube tops, sleeveless tops, spaghetti straps tops, low-cut tops, cold-shoulder tops or bare midriffs are not acceptable.
- Pants must begin at waist or hips and not gather excessively around the ankles.
- Pants must not be excessively baggy, excessively tight or sloppy in appearance.
- Shorts may be worn from the first day of school through Fall Break and after Spring Break through the last day of school, but must meet the same guidelines as uniform shorts and be no more than 2" above the knee. Shorts must also begin at the waist or hips and not be excessively baggy/tight or sloppy in appearance.
- Leggings may be worn under dresses, skirts and appropriate length tops. Tops worn with leggings need to reach the end of the student's fingertips when they are at their side.
- Dresses and skirts must be no shorter than 2" above the knee.

If you have questions in regard to any item being acceptable, please call the school before purchasing. Students not in proper uniform will be either given a gently used uniform to change into, or may need to contact parents to acquire proper uniform clothing. The principal reserves the right to determine when students are or are not in proper, approved dress code.

If you have a question about what your child is wearing, please pack their school uniform as a back-up.